



# ADVANCED REGIMES

advanced regimes

		CLEANSE	TREAT	HYDRATE	PROTECT
ACNE - CYSTIC TYPE IV+	AM	CLEANSING COMPLEX	PRO-HEAL <sup>®</sup> SERUM ADVANCE <sup>+1</sup> or ACTIVE SERUM <sup>™</sup>	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup> , EYE COMPLEX, BODY COMPLEX	SPF 20 POWDER SUNSCREEN
	PM	CLEANSING COMPLEX	PRO-HEAL <sup>®</sup> SERUM ADVANCE <sup>+1</sup> or ACTIVE SERUM <sup>™</sup>	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup> , EYE COMPLEX, BODY COMPLEX	
ACNE - SURFACE TYPE I - III	AM	CLEANSING COMPLEX	ACTIVE SERUM <sup>™</sup> or SUPER SERUM <sup>™</sup> ADVANCE <sup>+1</sup>	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup> , YOUTH EYE <sup>™</sup> COMPLEX OR EYE COMPLEX, BODY COMPLEX	SPF 20 POWDER SUNSCREEN
	PM	CLEANSING COMPLEX	ACTIVE SERUM <sup>™</sup>	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup> , YOUTH EYE <sup>™</sup> COMPLEX OR EYE COMPLEX, BODY COMPLEX	
ANTI-AGING NORMAL/ DRY	AM	CLEANSING COMPLEX	YOUTH COMPLEX <sup>®</sup> or SUPER SERUM <sup>™</sup> ADVANCE <sup>+1</sup> (C EYE ADVANCE <sup>+1</sup> FOR EYES)	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup> , EYE COMPLEX, MOISTURIZING COMPLEX, BODY COMPLEX	SPF 25 TREATMENT SUNSCREEN
	PM	CLEANSING COMPLEX	ACTIVE SERUM <sup>™</sup> or YOUTH COMPLEX <sup>®</sup> or POLY-VITAMIN <sup>®</sup> SERUM (C EYE ADVANCE <sup>+1</sup> FOR EYES)	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup> , EYE COMPLEX, MOISTURIZING COMPLEX, BODY COMPLEX	
ANTI-AGING NORMAL/ OILY	AM	CLEANSING COMPLEX	SUPER SERUM <sup>™</sup> ADVANCE <sup>+1</sup> or YOUTH COMPLEX <sup>®</sup> (C EYE ADVANCE <sup>+1</sup> FOR EYES)	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup> , YOUTH EYE <sup>™</sup> COMPLEX OR EYE COMPLEX, BODY COMPLEX	SPF 25 TREATMENT SUNSCREEN
	PM	CLEANSING COMPLEX	ACTIVE SERUM <sup>™</sup> or FIRMING COMPLEX or YOUTH COMPLEX <sup>®</sup>	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup> , YOUTH EYE <sup>™</sup> COMPLEX OR EYE COMPLEX, BODY COMPLEX	
DARK PUFFY EYES	AM	CLEANSING COMPLEX	C EYE ADVANCE <sup>+1</sup>	YOUTH EYE <sup>™</sup> COMPLEX or EYE COMPLEX	SPF 20 POWDER SUNSCREEN
	PM	CLEANSING COMPLEX	C EYE ADVANCE <sup>+1</sup>	YOUTH EYE <sup>™</sup> COMPLEX or EYE COMPLEX	
HYPERPIGMENTATION	AM	CLEANSING COMPLEX	WHITE LIGHTENING <sup>™</sup> COMPLEX or SUPER SERUM <sup>™</sup> ADVANCE <sup>+1</sup>	MOISTURIZING COMPLEX, or HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup>	SPF 25 TREATMENT SUNSCREEN
	PM	CLEANSING COMPLEX	WHITE LIGHTENING <sup>™</sup> SERUM or ACTIVE SERUM <sup>™</sup>	MOISTURIZING COMPLEX, or HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup>	
ROSACEA	AM & PM	CLEANSING COMPLEX	PRO-HEAL <sup>®</sup> SERUM ADVANCE <sup>+1</sup>	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup> , YOUTH EYE <sup>™</sup> COMPLEX, MOISTURIZING COMPLEX, BODY COMPLEX	SPF 25 TREATMENT SUNSCREEN AM
SCAR TISSUE and STRETCH MARKS	AM & PM	CLEANSING COMPLEX	SUPER SERUM <sup>™</sup> ADVANCE <sup>+1</sup>	BODY COMPLEX	SPF 20 POWDER SUNSCREEN AM
SUNBURN	AM	CLEANSING COMPLEX	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup>	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup>	SPF 25 TREATMENT SUNSCREEN
	PM	CLEANSING COMPLEX	PRO-HEAL <sup>®</sup> SERUM ADVANCE <sup>+1</sup>	HYDRA-COOL <sup>®</sup> SERUM <sup>2</sup>	

1 ADVANCE<sup>+</sup> products are generally recommended for use in the daytime due to their UV protective properties. They can also be used in the evening.

2 HYDRA-COOL<sup>®</sup> SERUM<sup>2</sup> may be used anytime during the day or night, whenever additional hydration is needed. You may mix HYDRA-COOL<sup>®</sup> SERUM<sup>2</sup> with any of the more potent serums (i.e. ACTIVE SERUM<sup>™</sup>, POLY-VITAMIN<sup>®</sup> SERUM, ADVANCE<sup>+</sup> products) to buffer any possible irritation due to product strength. This is an excellent means to introduce the powerful treatment serums to even the most sensitive skin types.